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THE INVESTIGATION OF THYROID BINDING INDEX (TBI) KIT. I. Kubo, K. Sato, I. Morimoto, N. Yokoyama, S. Yamashita, T. Tanabe, H. Hirayama, M. Izumi, S. Nagataki. The First Department of Internal Medicine, Nagasaki University, School of Medicine.

Total T₃ and T₄ may not reflect thyroid function in patients with abnormal concentration of TBI in serum, and many kinds of free T₃ index, such as T₄ x T₃ U, T₄ x T₃ U/100-T₂ U, and T₁/T₂B have been introduced.

We investigated TBI kits of enzyme immunoassay (Kehring), which reflect unbound TBI, and free T₃ index of T₃/TBI. The total numbers of subjects were 143, which included 50 normal subjects, 23 patients with Graves’ disease, 27 patients with hypothyroidism, 27, pregnant women, 8 patients with TBI deficiency and 8 patients with nonthyroidal illness.

0.01 ml of serum and 0.1 ml of T₃ and T₂-RD buffer were taken into an anti-T₃, antibody coated assay tube. The tube was incubated for 2 hours and washed, and was incubated for 30 to 60 minutes after adding 1 ml of ABTS solution. The optical density of the tube was measured at 420nm. TBI was obtained from the standard curve. The values for TBI were 0.99-11.55 in normal subjects and free T₃ index of T₃/TBI were 3.88-9.44. This free T₃ index reflects thyroid function and correlated much well with free T₃, when serum T₄ level is less than 10K- capacity.

Serum Tg was measured in 29 normal subjects and untreated patients with various thyroid diseases. The mean Tg level in normal subjects was 15.32±1.4(S. D.) ng/ml ranging from 3.0 to 42.0 ng/ml. High Tg levels were found in 64% of 11 Graves’ disease and 46% of 28 Hashimoto’s disease even in the presence of anti-Tg. Serum Tg levels were elevated 63-68% of 16 differentiated thyroid cancer and 31 adenoma.

We conclude that the assay allows a semiquantitative determination of Tg in the presence of anti-Tg by eliminating false positive Tg values. Tg determination can be helpful in the diagnosis and management of thyroid diseases and might be useful in studies related to the autoimmune mechanisms.

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THYROID FUNCTION TESTS IN HOSPITALIZED PATIENTS. H. Uchimura, T. Mitsuhashi, K. Kubota, N. Kuzuya, H. Ikeda, F. Takaku and S. Sato. Third Department of Internal Medicine, Faculty of Medicine, University of Tokyo, Kitazato Biochemical Lab., Tokyo.

Patients with nonthyroidal illness have a wide variety of abnormalities in serum thyroid hormone concentrations. Recent evidences have shown that these patients are euthyroid (euthyroid sick syndrome).

Present study was aimed to investigate abnormalities in serum thyroid hormone concentrations in patients who hospitalized in our department for nonthyroidal illness. Of sera from 135 patients, T₄, T₃, T₄, T₃, T₄ and FT₄ were determined by RIA. TSH responses to TRH were also assessed in 8 patients. Although only four patients (3%) showed lower T₄ value than normal, lower T₃ and TBI concentrations were observed in 31 (30%) and 12 (8.8%) of patients respectively. The concentrations of rT₃ and FT₄ were increased in 30 (22.4%) and 27 (20%) of patients respectively. Serum FT₃ was lower than normal in 44% of patients.

Serum T3 concentrations were closely correlated to serum albumin. Half of eight patients who were subjected to TRH test showed reduced TSH responses to TRH.

These results indicate that available thyroid function tests may give misleading results in patients with nonthyroidal illness and caution be exercised in diagnosing thyroid disease in hospitalized patients.

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The sensitivity of the assay was 3.0ng/ml Tg and T4 did not crossreact in the assay. The intra- and interassay C.V. were 2.9-11.9% and 10.4-17.1% respectively. Analytical recoveries were nearly quantitative for the serum with normal anti-Tg, while they were decreased for anti-Tg positive sera.

To study the effect of anti-Tg on Tg measurements, various amounts of anti-Tg IgG from a patient were added to anti-Tg negative sera and the assay were performed. The presence of anti-Tg gave rise to depressed values for Tg.

Serum Tg was measured in 29 normal subjects and untreated patients with various thyroid diseases. The mean Tg level in normal subjects was 15.32±1.4(S. D.) ng/ml ranging from 3.0 to 42.0 ng/ml. High Tg levels were found in 64% of 11 Graves’ disease and 46% of 28 Hashimoto’s disease even in the presence of anti-Tg. Serum Tg levels were elevated 63-68% of 16 differentiated thyroid cancer and 31 adenoma.

We conclude that the assay allows a semiquantitative determination of Tg in the presence of anti-Tg by eliminating false positive Tg values. Tg determination can be helpful in the diagnosis and management of thyroid diseases and might be useful in studies related to the autoimmune mechanisms.

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Serum thyroglobulin (Tg) concentration was measured by immunoradiometric assay with H-Tg kit (CIS-Sorin). The first and second incubations were performed at room temperature for 24 hours. The intraassay and interassay reproducibilities, recovery test and dilution test were proved to be satisfactory. The mean Tg value was 6.1±5.9 ng/ml (SD) in 35 normal subjects. It was elevated in 20 patients with untreated Basedow's disease and 10 patients with hyperthyroidism due to subacute thyroiditis, being 274.5±158.3 and 250.6±187.1 ng/ml, respectively, compared with that of normal subjects. The 40 patients with Basedow’s disease who were treated by antithyroidal drugs were subdivided into four groups: remission group (I, n=10), antithyroidal medication for less than 2 years (II, n=10), for 2-3 years (III, n=10) and for 4-8 years (IV, n=10). The patients in group II-IV have been treated by maintenance dose of MMI 5 mg per day.

The value of Tg in group I (25.9±16.2 mg/ml) was significantly lower than those of group II-IV. The level of serum thyroid hormone was almost similar in each group. All subjects studied had no circulating Tg autoantibodies as measured by anti-Tg radioimmunoassay kit (CIS-Sorin).