Measurement of Plasma 18-Hydroxy-11-Deoxycorticosterone (18-OH-DOC) Levels by Radioimmunoassay

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A radioimmunoassay method for the measurement of plasma 18-OH-DOC has been developed. The antiserum against 18-OH-DOC was produced in 1,2-3H-18-OH-DOC and standard 18-OH-DOC were stored in ethanol at −20°C. 1,2-3H-18-OH-DOC was added to all samples to correct for recovery. Plasma was extracted with dichloromethane and chromatographed on LH-20 column (1 × 55 cm). The purified extracts were incubated with antiserum at a 1/1000 dilution for 30 minutes at 25°C, and then for 16 hours at 4°C. Saturated ammonium sulfate was used to separate free from bound 18-OH-DOC.

Recovery after extraction was 4.6±7.5 (SD) %. The accuracy and precision of the method were acceptable, and a sensitivity of 5 pg per sample enabled the measurement of very low levels of plasma 18-OH-DOC. High specificity of the method was obtained by high-specificity of the antiserum and a good separating ability of Sephadex LH-20 column chromatography.

The mean plasma 18-OH-DOC levels at 8 a.m. were 16.8±5.6 ng/dl in 22 normal subjects, and 15.5±8.7 ng/dl in essential hypertension. In low renin hypertension, the levels were lower than the other hypertensive groups. Plasma 18-OH-DOC was normal or high levels in primary aldosteronism, and high in DOC producing tumor and in 17α-hydroxylase deficiency.

Plasma 18-OH-DOC was increased markedly by ACTH and suppressed by dexamethasone. Upright position after furosemide administration, dietary sodium restriction or angiotensin II infusion increased moderately plasma 18-OH-DOC.

These results confirm that 18-OH-DOC secretion is regulated primarily by anterior pituitary and renin-angiotensin system plays a minor role in 18-OH-DOC secretion.

Clinical Problems of Commercial Kits for Human LH Radioimmunoassay

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Basic studies of human LH radioimmunoassay were performed using two kinds of commercial kits provided by Carbiochem Co. U.S.A. (Kit A) and CEA-IRE-SORIN (Kit B).

Kit A: Sensitivity was 1.95 mIU/ml and LH concentration up to 500 mIU/ml was able to be determined. The dilution curve of plasma was parallel to the standard curve. Coefficient of variation (C.V.) and recovery of added LH ranged from 7.8 to 250 mIU/ml were 5.23–13.95% and 85.7–119.3%, respectively. Intra-assay variability and inter-assay variability were 4.78–9.21% and 4.4–15.8%, respectively. In this assay system, the remarkable cross-reactions of TSH and FSH with antiserum for LH were observed, that is, TSH crossreacted 104% and FSH 114.7%. High concentration of prolactin and GH also crossreacted, but they were able to be neglected clinically. ACTH did not crossreact Plasma LH concentration in normal male subjects was 8.72±2.0 mIU/ml (Mean±SD).

Kit B: Sensitivity was 0.5 ng/ml and LH concentration up to 50 ng/ml was able to be determined. The dilution curve of plasma was parallel to the standard curve. C.V. and recovery of added LH ranged from 1 to 25 ng/ml were 2.95–25.39% and 63.2–115.8%, respectively. Especially in low concentration of added LH, recovery was not satisfactory. Intra-assay variability was 8.42–10.89%. Regression equation between two different