Favorable biodistribution of 99mTc-ECD for brain SPECT comparing with 123I-IMP using alternative body scan

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In order to evaluate the lung and brain uptake of $^{99\,\text{m}}\text{Tc}$ ethyl cysteinate dimer ($^{99\,\text{m}}\text{Tc}\text{-ECD}$) and N-isopropyl-p-[^{123}I]-iodoamphetamine ($^{123}\text{I-IMP}$), alternative body scans were carried out in 15 cases of cerebrovascular disease. The biodistribution of $^{99\,\text{m}}\text{Tc}\text{-ECD}$ was $5.5\pm0.7\%$, $3.8\pm0.7\%$, in the brain; $13.1\pm3.7\%$, $2.2\pm1.2\%$, in the lung at 15 min and at 4 hours, respectively, whereas that of $^{123}\text{I-IMP}$ was $3.9\pm1.4\%$, $5.0\pm1.0\%$ in the brain; $32.2\pm7.6\%$, $12.7\pm3.3\%$, in the lung at 15 min and at 4 hours, respectively. $^{99\,\text{m}}\text{Tc}\text{-ECD}$ accumulated in comparatively high amounts in the brain but remained low in the lung in the early image compared to $^{123}\text{I-IMP}$. However there was a high inverse correlation between brain and lung uptake of $^{123}\text{I-IMP}$ (r=-0.82), but not of $^{99\,\text{m}}\text{Tc}\text{-ECD}$ (r=-0.18).

We concluded that ^{99 m}Tc-ECD had a better biodistribution in terms of low lung accumulation than ¹²³I-IMP in brain SPECT.

Key words: 99 mTc-ECD, 123 I-IMP, lung uptake, brain uptake