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Myocardial defect detected by ¹²³I-BMIPP scintigraphy and left ventricular dysfunction in patients with idiopathic dilated cardiomyopathy

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The present study examined the role of myocardial fatty acid in patients with idiopathic cardiomyopathy (DCM) by means of $^{123}\text{I-}\beta\text{-methyl-p-iodophenyl}$ pentadecanoic acid ($^{123}\text{I-BMIPP}$) scintigraphy. Thirteen patients underwent $^{123}\text{I-BMIPP}$ imaging, ^{201}Tl imaging and echocardiography. All patients showed defective myocardial uptake of $^{123}\text{I-BMIPP}$ and ^{201}Tl . The left ventricular end-diastolic dimension (64.1 \pm 7.3 mm vs. 55.6 \pm 1.5 mm, p < 0.05) and end-systolic dimension (52.4 \pm 8.0 mm vs. 40.6 \pm 2.1 mm, p < 0.01) were significantly larger in the large defect group ($^{123}\text{I-BMIPP}$ defect score (DS) > 8) than the small defect group (DS < 7). The % fractional shortening (%FS) was also significantly smaller (18.6 \pm 3.8% vs. 27.0 \pm 3.3%, p < 0.01) in the large defect group. The $^{123}\text{I-BMIPP}$ DS correlated statistically with %FS (r = 0.75, p < 0.01), while the ^{201}Tl DS did not (r = 0.41, ns). We conclude that the patients with DCM revealed a $^{123}\text{I-BMIPP}$ uptake defect and the defect reflected the degree of left ventricular dysfunction.

Key words: DCM, 123I-BMIPP, 201Tl, echocardiography, left ventricular function