

### Measurement of Serum T<sub>4</sub> by RIA-Mat T<sub>4</sub> Kit

Kazuyuki YAMAUCHI, Shunmatsu WANIBE, Yukihiro IMAI, Terunori MITSUMA,  
Akio NAGASAKA and Noriyuki NIHEI

*1st Department of Internal Medicine, School of Medicine, Nagoya University*

Fundamental and clinical studies on T<sub>4</sub> radioimmunoassay kit (RIA-Mat T<sub>4</sub> kit) developed by the Daiichi Radioisotope Laboratory were performed to estimate clinical usefulness of this kit.

**Methods:** The reaction mixture which contained 1 ml of T<sub>4</sub>-<sup>125</sup>I barbitol buffer, 600 ug of 8-anilino-1-naphthalene sulfonate, 0.1 ml of T<sub>4</sub> antiserum and 10 ul of T<sub>4</sub> standard serum or unknown serum was incubated at 37°C for 30 min. After a resin strip was added, each vial was incubated for 30 min on rotator to separate free and bound T<sub>4</sub>.

**Results:** 1) Fundamental study; T<sub>4</sub> antiserum showed a crossreaction of 1.3% with Triac, 1.0% with T<sub>3</sub> and 0.05% with DIT. In the 1st incubation, B/T% was not affected by change of incubation time from 15 to 150 min, or by change of

temperature at 23°C or 37°C. B/T% was decreased by the prolongation of 2nd incubation time. 30 min second incubation gave the best standard curve in the range of 0.3 ug/dl to 40 ug/dl of T<sub>4</sub>. The recovery of added T<sub>4</sub> in the system was 92.4 to 98.9%. Intra and inter assay reproducibilities were satisfactory. 2) Clinical study; Serum T<sub>4</sub> concentration in 42 normal subjects was  $7.5 \pm 1.5$  (M $\pm$ SD)ug/dl and normal range was calculated as 4.5~10.5 ug/dl.

T<sub>4</sub> values by RIA-Mat T<sub>4</sub> kit correlated well to those by Res-0-Mat T<sub>4</sub> kit or T<sub>4</sub> RIA kit.

**Summary:** RIA-Mat T<sub>4</sub> kit was relatively simple, rapid and had an reasonable recovery and reproducibility and corresponded well to clinical thyroid state, even though using small sample volume as 10 ul.

### Measurement of a New Radioimmunoassay for Serum L-Thyroxine (RIA-MAT T<sub>4</sub>) in Patients with Various Thyroid Diseases and in Normal Subjects

Sadao SHIMOYAMA, San-E ISHIKAWA and Akiko KAJIHARA

*First Department of Internal Medicine, School of Medicine,  
Gunma University, Maebashi, Japan*

Several methods have been reported for the determination of L-thyroxine (T<sub>4</sub>) which usually need the extraction procedure of iodothyronines from the serum. The serum T<sub>4</sub> was measured in 53 normal subjects and 67 patients with various thyroid disorders using a newly developed radioimmunoassay with a specific antiserum to the T<sub>4</sub> (RIA-MAT T<sub>4</sub> kit, Dai-ichi Radioisotope Lab.) to examine the accuracy and reliability in comparison to the T<sub>4</sub>-I determination (Oxford-T<sub>4</sub>) which have been previously used. The principle of this procedure is as follows: the serum T<sub>4</sub> bound with carrier proteins is liberated from TBG and TBPA by the administration of ANS (magnesium 8-anilino-1-naphthalene sulfonate) and veronal,

and the liberated free-T<sub>4</sub> is measured by the competitive binding with <sup>125</sup>I T<sub>4</sub>. The antibody bound- and free-T<sub>4</sub> are separated simply by employing the resin strip. In this system, the mean recovery of the T<sub>4</sub> added to serum was 95.6% and the mean coefficient of inter- and intraassay variations in 5 determinations were 9.5% and 4.9%, respectively, indicating that this system bears less variation than previous methods. In normal subjects, the range of RIA-T<sub>4</sub> concentration was 4.7–11.5 µg/dl in men and 3.4–10.5 µg/dl in women, respectively. The measured values of RIA-T<sub>4</sub> reflected satisfactorily on various clinical thyroid states, and the serum T<sub>4</sub> concentrations determined by RIA-MAT T<sub>4</sub> kits are well-correlated not only

with Oxford-T<sub>4</sub> but also with T<sub>3</sub>-RSU values. We conclude that RIA-MAT T<sub>4</sub> kit is a simple, rapid and reliable method compared to previously

used CPBA or Oxford method and will be able to be applied for the clinical use.

### TRH-T Radioimmunoassay

S. WANIBE, K. YAMAUCHI, Y. IMAI, T. MITSUMA, A. NAGASAKA and N. NIHEI  
*First Department of Internal Medicine, Nagoya University, School of Medicine*

We reported that synthetic TRH-tartrate (TRH-T) released TRH in human and rats as TRH and that synthetic TRH-T had immunoreactivity to TRH antibody as TRH. TRH-T radioimmunoassay was developed with using TRH-T as antigen to produce TRH-T antibody.

#### Method:

1. Antibody; TRH-T-BDB-BSA conjugate was injected to rabbits every four weeks and TRH-T antibody was harvested a week after each booster.

2. <sup>125</sup>I-TRH-T; <sup>125</sup>I-TRH-T was made by Hunter Greenwood's method and purified through Sephadex G-10 column.

#### Results:

TRH-T antibody was made in a rabbit after second booster. It had the titer of 1:6000. This antibody had immunoreactivity as TRH and had few immunoreactivity to twenty four TRH analogues and hormones. The practical method of TRH-T radioimmunoassay was performed as; Samples or standards 0.1 ml, <sup>125</sup>I-TRH-T 0.1 ml

TRH-T antibody 0.05 ml and 0.01 M PO<sub>4</sub> buffer with 0.15 M NaCl, 1% BSA and 0.1 M EDTA 0.35 ml were mixture and incubated at 4°C for 24 hrs. After first incubation, separation of bound and free was performed with second antibody or polyethyleneglycol. With this method, significant dose response curve of TRH-T was observed from 2 pg/ml to 25 ng/ml of TRH-T.

The measurement of human plasma immunoreactive TRH-T was performed as; The plasma was separated at 1°C as soon as after sampling, extracted by ethanol and dried up. Plasma without TRH and extractant by ethanol was 92.7%. The plasma TRH levels in normal male were from undetectable range (less than 2 pg/ml) to 150 pg/ml and in female were from undetectable range to 100 pg/ml.

#### Conclusion:

We established a suitable radioimmunoassay system for human plasma TRH with using TRH tartrate antiserum.