99mTc-Labeled Monofluorophosphate as a Skeletal Imaging Agent: a Comparison with Pyrophosphate and Diphosphonate

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Fluoride ions, a trace amount of bone crystal, have been shown to have a strong affinity for the hydroxyapatite crystal of bone. A sodium monofluorophosphate stannous fluoride preparation was developed at the Radiochemical Center (Amersham, England). Combination of high affinity for bone of fluorine and phosphate with the convenience of 99mTc is attractive. We have compared its performance with those of 99mTc-pyrophosphate and 99mTc-diphosphonate in rabits. Studies included chromatographic quality control, measurements of blood clearance, tissue distribution, urinary excretion, skeletal imaging and measurements of the serum calcium. The percentage labeling for 99mTc-monofluorophosphate was 98% on paperchromatography and 85% on thin layer chromatography. A large fraction of the activity of three labels cleared very rapidly from the bloodstream, however, slow components of the curves represented the highest level for 99mTc-monofluorophosphate and lowest for 99mTc-diphosphonate. Three hours after injection 20.0% of the dose of ^{99m}Tc-monofluorophosphate was taken up by bone. The corresponding values with 99mTc-pyrophosphate and 99mTc-diphosphonate were 29.1% and 40.0% respectively. The concentration in the bone to that in other major organs was highest in ^{99m}Tc-diphosphonate. The ratios were comparable for both 99mTc-monofluorophosphate and 99mTcpyrophosphate and much lower than those with 99mTc-diphosphonate. Visual comparison of the scans obtained with three labels confirmed the results of radioassay. All the labels were excellent skeletal imaging agents, however, 99mTc-diphosphonate appeared superior to other two labels, because the contrast between bone and background was better. With 50 mg of monofluorophosphate and 1 mg of stannous fluoride, no hypocalcemia was noted.