L. Endocrinology

13I-19-Iodocholesterol Adrenal Scanning in Primary Aldosteronism

A. KUBO, T. KOBAYASHI, E. KOHDA, Y. ISobe and M. SHIMizu
Department of Radiology, Keio University School of Medicine, Tokyo
F. KINOSHITA
Department of Radiology, Municipal Okubo Hospital, Tokyo

Adrenal scanning was done in 23 patients, 6 of primary aldosteronism, one of so-called idiopathic aldosteronism, 12 of essential hypertension and others. A tracer dose of 1 mCi of 13I-19-iodocholesterol was injected intravenously and as a rule, scanning was done at 8 days after the administration. In addition, each adrenal region is isolated as a region of interest by recording the image of the adrenal regions on the oscilloscope of scinticamera, and right-to-left adrenal uptake ratio of 13I-19-iodocholesterol was determined.

The result were as follows,

1) In normal adrenals, right-to-left uptake ratio ranged from 1.05 to 1.60 and averaged in 1.37±0.18 while in primary aldosteronism it ranged from 2.11 to 6.32 and was significantly higher than that of normal adrenals.

2) Adrenal scan accurately localized the tumor in all 6 patients with primary aldosteronism. On the contrary, selective adrenal venography showed the tumor in 3 of the 6 patients. In one patient with a 0.9×1.2×1.2 cm cortical adenoma demonstrated by adrenal scan, venography did not disclose the lesion.

3) There was no correlation between right-to-left uptake ratio and the size of adenoma in primary aldosteronism.

The reliability, the greater safety and simplicity of adrenal scanning suggests that it should be used as a screening test before venography when primary aldosteronism is strongly suggested by endocrinological examinations.

Diagnostic Value of Adrenal Scintigraphy Using 13I-CHOLESTEROL

I. KAMoi, K. WATANABE K. KAWAHIRA, K. MORITA K. MATSUURA
Department of Radiology, Kyushu University

Diagnostic value of adrenal scintigraphy using 13I-cholesterol was estimated on histologically proven cases. And the radionuclide accumulation in adrenal glands of patients with hypertension due to various causes was quantitatively measured by analysis of digital