

contrast to T_4 , serum levels of T_3 were more than 2ng/ml in most of the hypermetabolic patients. In hypothyroid patients treated with T_3 , T_4 or desiccated thyroid, serum levels of T_3 and T_4 were quite variable according to the preparations and doses of thyroid hormone administered and to the duration of the treatment. For example, serum T_3 was increased to the hyperthyroid range within several hours after the administration of T_3 and declined to the normal

or hypothyroid range thereafter. Only the level of TSH correlated well with clinical features of metabolic state.

It is suggested, therefore, that serum T_3 is a good index for hypermetabolic and serum TSH or T_4 for hypometabolic state, although, it is very important for the diagnosis to consider the history and the physical examination of the patients in addition to the *in vitro* test.

Evaluation of Serum Thyroxin Binding Capacity from Tetrasorb and Triosorb Values

M. YASUDA

Medical Department, Yokohama Citizens Hospital, Yokohama

From the well-known influence of serum thyroxin binding capacity (TBC) upon Tetrasorb (T_4) and Triosorb (RSU) values, it would seem that T_4 /RSU reflects TBC. On the other hand, Nakajima proposed in 1971 a value (TBC Index) $=1/2 \text{ RSU}-0.65$ as an indicator of TBC. In the present study, usefulness of these two values in evaluating TBC was studied on the basis of T_4 and RSU values in 72 hyperthyroid, 122 normal and 16 hypothyroid subjects. The results obtained were as follows.

1. In normal subjects, T_4 /RSU and TBC Index were in close positive correlation with T_4 with coefficients of correlation of 0.88 and 0.73 respectively. T_4 /RSU could be expressed by an equation T_4 /RSU $=0.42T_4-0.045$ and TBC Index could be expressed by an equation TBC Index $=0.848T_4-5.575$.
2. In the majority of hyperthyroid patients before

treatment, T_4 /RSU and TBC Index were significantly less than the values derived from the equations with corresponding T_4 values. In the majority of hypothyroid patients T_4 /RSU and TBC Index exceeded the values expected from the equations.

3. In the majority of samples of pregnant women, T_4 /RSU and TBC exceeded and in the majority of samples of hypoproteinemic patients T_4 /RSU and TBC Index were less than the expected values for corresponding T_4 .
4. In hyper- and hypothyroid patients, T_4 /RSU and TBC Index approached the expected values after treatment.

It appears, therefore, that both T_4 /RSU and TBC Index (Nakajima) can be used as good indicators of serum TBC when evaluated as functions of T_4 .